

# THE MODEL OF YOUTH DEVELOPMENT PROJECT, SAMANERA PLOOKPANYA DHAMMA, BASED ON THE THREEFOLD TRAINING PRINCIPLES

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## Abstract

The objectives of this research are 1) To study the youth's development status 2) To develop the model of youth development 3) To propose the model of youth development based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project in the Participatory Action Research. And the Quantitative Research consists of 1) The In-depth Interview with the forty-five monks/laymen by analyzing the overall collected and learned data, 2) seminar with the participation of ten important informative monks and laymen. 3) Group conversation with the five important informative monks and laymen. The data analysis is carried out by analyzing the content and concluding the group conversation results additionally.

The results of the Research;

1. The Samanera Plookpanya Dhamma Project, based on the Threefold Training Principles found out that the systematic procedures of youths development processing based on the Threefold Training Principles are such as 1) The new Ideas, including learning new things– playing new strategies for life– learning to be oneself – changing to be creative in and ideas and lifelong plans, 2) The prime goals of The Samanera Plookpanya Dhamma Project are such as ‘changing oneself and changing people in the whole world creatively’, 3) The curriculum of the youths development process, based on the Threefold Training Principles called ‘Precepts (Sila), Meditation (Samadhi) and Wisdom (Panna)’ throughout the four weeks training . The topics of the projects are 1) Learning the Dhamma and applying practically for the welfare of the World, playing new strategies and

creating and developing Intelligence or wise, being the best on oneself, the last but not least, changing oneself to be new one

2. From the model of Youth Development Project Samanera Plookpanya Dhamma, based on the Threefold Training Principles, researchers found out the four main necessary facts to be applied for the practical life such as “loving-kindness, patience, contentment, giving or helpfulness” with the consists of six systematic procedures called, 1) Preparation of project management plans 2) Implementation of main components 3) Youth development based on the Threefold Training Principles 4) Youth follow-up and development 5) Project management improvement and development and 6) Project management evaluation and communication plans.

3. The Youth Development Project ‘Samanera Plookpanya Dhamma, based on the Threefold Training Principles, could trained Dhamma communications to the novices and monks, by broadcasting live videos and showing to the whole the devoted laypeople during the four weeks young novice ordinations seasons. They need to be trained and comply with training rules as well as study the Buddhist principles throughout the historical background of the Lord Buddha. Moreover, there are a wide variety of learning from master monks and lecturers under the theme “Learn to Love with Dhamma Principles, Learn to patience without Discouragement, Learn to be Content for Happiness and Learn to Give for Happy Mind”. The use of Threefold Training Principles that consist of precept, meditation and intelligence is the processes in training and developing youth to have the positive behavior in accordance with 3 perspectives of the Threefold Training Principles. They are 1) Self-development in precept 2) Self-development in meditation 3) Self-development in intelligence. They can develop these 3 important perspectives when they are ordained and will be able to adapt them in their daily lives after they leave the Buddhist monkhood.

Keywords: Youth Development Project, Samanera Plookpanya Dhamma, the Threefold Training Principles

## Introduction

Although Thailand emphasizes on the importance of education and ethical development and stipulates them as the clear education poli-

cies, we have found that young people in the digital age are still lack of disciplines and virtues. In addition, this group of children and youth will be the human resources for the country's development in the future. We have found that nowadays, Thai youths have many "behavior wrong characteristics" such as drug addiction, strong aggressiveness and sexual desire addiction. They have the tendency to commit crime, be materialism, selfish, do not believe in the public norms, do not have any religion and culture, be serious, seek for success without choosing the right methods, like gambling and do not work hard (Phra Maha Krissada Kittisophano (SaeLee), 2014). Thailand has the highest statistics in Asia about criminal problems, the aggressiveness among youth problems, drugs problems and premature pregnancy (Office of the Education Council, 2014). Both the government and private sectors realize the importance of youth and have tried to solve this problem. The Ministry of Education takes major role in searching for methods to develop young children's ethics because they are the future of our country. Moreover, every government has the policies to develop the ethics of these youths. Therefore, the solution for lack of ethics and morality, require the joint cooperation among the public and private sectors. Then, this problem will be actually solved.

True Corporation Public Company is the provider of telecommunications in the communications systems. It's also the media that broadcasts education based knowledge to remote schools so that students have equal access to education. Although True is the organization that is managed by the private sector, we have strong commitment for the corporate social responsibilities and participation in building the future of the country. As we recognize the importance of youth development, we have proposed the summer novice monks ordination program to the Thai society in order to learn about the daily lives of priests. The novice monks need to be trained and to be patient through the natural classroom in the Dhamma Ways. Then, they will be the heir of the Buddhism. It is also aimed at instilling good consciousness for Thai youths about Buddhism and make the Buddha preaching an easy-to-understand concept and close to everyone. Such achievement can be made by offering the opportunities for self-development of youths throughout the country and become good model examples for others. Therefore, we have organized the Samanera Plookpanya Dhamma Project to be supported the young generations.

The Samanera Plookpanya Dhamma Project was organized with

the support True Corporation Public Company Limited Reality Dhamma TV program. It is initiated under the objectives to support education and morality of youth by primarily use True Group resources. We focus on developing the society of learning and morality for their sustainable existence in the Thai society. The Samanera Plookpanya Dhamma Project was originated in the year 2012 in order to jointly propagate about the Dhamma Principles of the Lord Buddha through the live broadcast of the novice monkhood for 4 weeks. In the 1<sup>st</sup> and 2<sup>nd</sup> year of the project, we have received great compassion.

The status of Youth Development Project, which is based upon the Threefold Training Principles called Samanera Plookpanya Dhamma Project, was organized and managed by the Phra Thammabandit (Api-pol Apipalo), the abbot of Rama IX Golden Jubilee Temple and Phraraj Yarnkawee (Piyasophon), the deputy abbot of the temple, offer the venue for the Samanera Plookpanya Dhamma Project. During the study of 3<sup>rd</sup> year, we travelled to the region in Thailand for the first time. The Phra Wuttichai Wachirametee (Wor. Wachirametee) has provided the advices the learning theme for the project. He also took part as the honorable lecturer and provides the venue for Dhamma learning at the Cherntawan International Medication Center in Chiang Rai province.

Now, it was been 3 years long since, the Youth Development Project organized, the project management researcher foresaw that it's time to review the project context. While researching the contexts of the projects, they realized that there much and more thing to be needed to improve the project prosperously and develop to be highly qualified. Therefore, the researchers have brought the instruction models that bring the Dhamma principles, virtue and good Dhamma behavior to combine with the modern sciences. Through such reasons and objectives, the researcher is interested in to study about the model of Youth Development based on Threefold Training Principles in Samanera Plookpanya Dhamma Project that will nurture good thoughts towards Buddhism for the benefits of youth's self-development, according to the Buddhist Principles to develop the youths to be good natured and example for other youths.

### Research Objectives

- 1 To study the status of youth's development based upon the Threefold Training Principles in the Samanera Plookpanya Dhamma Project.

2 To develop the model of youth development based on the Three-fold Training Principles in the Samanera Plookpanya Dhamma Project.

3 To propose the model of youth development based on the Three-fold Training Principles in the Samanera Plookpanya Dhamma Project.

### Scope of Research

1. Scope of Content - Studying the documents and research works involved for the status of youth's development based upon the Threefold Training Principles in Samanera Plookpanya Dhamma Project including 1) Ideas about model development 2) Ideas about ethics and morality development 3) The Threefold Training Principles and 4) Processes of youth development in Samanera Plookpanya Dhamma Project.

2. Scope of Key Informants – Key informants from the interview are 45 monks/laymen, 10 monks/laymen from the seminar and 5 monks/laymen from the group conversation.

3. Scope of Research Area – The scope of research area is limited to only the Samanera Plookpanya Dharma Project under the management of True Corporation Plc.

4. Scope of Duration – Total period for tools preparation, data collection and data analysis is from January 2016 – December 2016.

### Research Methodologies

1. Research Design-This research is the Participatory Action Research. We have the qualitative research methodology to link the knowledge, parties involved and youth development including the documents analysis, interview, seminars and group conversation.

2. Important Informants For this research, important informants in these 3 research processes are as follows:-

Process No. 1). Study the youth development status based on the Threefold Training Principles in Samanera Plookpanya Dharma Project. The key informants of the project were from the interviews with 45 monks/laymen including 1) Youths who take part in the Class No. 1-2-3-4, 3 persons per class, totally 12 persons, 2) Parents of youths, who take part in the Class No. 1-2-3-4,

3 persons per class, totally 12 persons, 3) Professionals who are regular project instructors for 11 persons and 4) Project team members for 10 persons.

Process No. 2). To develop the model of youth development based upon the Threefold Training Principles in Samanera Plookpanya Dhamma Project. There were ten monks/laymen as important informants by using the purposive sampling including, 1). There were several monks/laymen as honorable professionals' advisors for the Samanera Plookpanya Dhamma Project such as Phra Wuttichai Wachirametee (Wor. Wachirametee), Dr. Suchart Saenpich and Mr. Anusorn Damrongtham. 2). There were four honorable monks who were acting as regular instructors for the Samanera Plookpanya Dharma Project including Phra Maha Pichit Thammawijitto, Phra Maha Sukan Sukato, Phra Supat Analayo. 3) Additionally, there were regular project team members including Ms. Korakoch Navanugraha, Ms. Puangrat Bumrunghan and Ms. Suteera Tansamai.

Process No. 3). The propose model of the youth development based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project. There are 5 monks/laymen as important informants for the group conversation by using the purposive sampling such as 1) two monks/laymen as honorable professionals and advisors of the Samanera Plookpanya Dhamma Project which consist of Phra Wuttichai Wachirametee (Wor. Wachirametee) and Dr. Art-ong Jumsai Na Ayudhya. 2) Two honorable monks/laymen who are research as well as moral and ethical development specialists including Phra Maha Sutit Apakaro and Dr. Amnaj Buasiri. 3) One monk who is the Dharma specialist, he is Phra Maha Yanawat Thitawattano, Dr., Por. Thor. 9.

Research tools consist of 1) Interview 2) Questionnaire for seminar and 3) Questionnaire for group conversation.

#### Research results conclusion

1. The status of youth's development based on the Threefold Training Principles in Samanera Plookpanya Dharma Project which is the youth development based on the Threefold Training Principles in Samanera

Plookpanya Dharma Project under the theme “Learn–Play–Be–Change”. It’s the project with daily activities about 1 month including preparation before ordination. Third day of the first week practiced the activities such as “Learn” Learning the Dhamma and the way to the world. Seven days of the 2<sup>nd</sup> week, “Play” Playing Well and Developing Intelligence 7<sup>th</sup> days, of the third week, “Be” Being the Best at Your Standpoint. 7<sup>th</sup> days of the 4<sup>th</sup> weeks, “Change” Changing oneself to the new ways of life and on the 7<sup>th</sup> days, three operational frameworks include 1) The theme is Learn-Play-Be-Change are 1) Learn is the learning in Dhamma and Doing in the world 2) Play is Play Well and Developing intelligence. 3) Be is Being the Best at once own Standpoint and 4) Change yourself for the New ways. 2). The goal is changing yourself and changing the whole world and 3) The curriculum is the Threefold Training Principles (Higher training in morality, concentration and wisdom) 4) Results evaluation is the Threefold Training Principles.

2. The model of youth development based on the Threefold Training Principles in Samanera Plookpanya Dharma Project consists of 6 processes as follows: -

Process No. 1 Preparation of project management plans is the project preparation for the youth ethics and morality development. The project consists of the search of advisors, data research and study, documentation and data preparation, human resources preparation and teamwork planning as well as the goals determination and planning. In the search of advisors, the project has both the monks and laymen as advisors. The selection criteria are 1) Honorable monks who have strong compliance to the 9 Virtues of the Buddha 2) Monks who take part as coaches and administrative instructors, who strongly comply with the 7 Principles of Friendship. 3) Honorable laymen who have strong compliance to the 7 Noble Treasures.

Process No. 2 Operation of main components consists of 1) the search for youth to take part in the project is the determination of application criteria for the Samanera Plookpanya Dhamma Project and youth selection methods for participation in the Samanera Plookpanya Dhamma Project. The selection procedures are divided into 2 rounds including (1) the preliminary round is

the selection from all applicants by considering and selecting from the application forms. We have considered their personal data and reasons for ordination in the Samanera Plookpanya Dhamma Project in order to get totally 40 youth. (2) The final round selection is the procedure in selecting 40 candidates for the Dhamma training camp. In this activity, parents also take part in the training. Youths learn how to live with others and rules for basic Buddhist monk life such as the 10 Precepts, Vesper, Alms Receiving and Praying, etc. We have considered and selected youths who have certain characteristics according to the 6C Personality Theories. We also selected 2 youths for each personality. So, there are totally 12 persons. And 2) Selection of project venue is the search for the venue for learning and supporting organization. The criteria for venue selection are in line with the 7 things favorable to mental health.

Process No. 3 Youth development based on the threefold training principles is the preparation of course structure and learning activities for youth development based on these principles in the Samanera Plookpanya Dhamma Project. The 4-week learning activities are aimed at enabling youth to learn about the Dhamma teachings, Common Practices for Novice Monks and behavior that expresses the self-development in accordance with the Threefold Training Principles. These are the youth development techniques so that the youth grow up to be highly qualified and highly ethical people. It also fosters youth to be good citizens with great ethics and morality by using the Threefold Training Principles. These principles are the systems and procedures for practicing, training and exercising for youth development in 3 ways which are 1) Behavioral Development called Precepts 2) Mental Development called Medication 3) Intellectual Development called Intelligence. When the youth have received self-development according to the Threefold Training Principles in the Samanera Plookpanya Dhamma Project, there will be the improvement and self-change in the positive way when, they are ordained. In addition, they will be able to adapt them in their daily lives after they leave the Buddhist monkhood.

For the structure of the Model of Youth Development Based on The Threefold Training Principles in Samanera Plook-

panya Dhamma Project, it is carried out under the theme “Learn to Love with Dhamma, Learn to Wait without Discouragement, Learn to be Content for Happiness and Learn to Give for Your Happy Mind”. The learning activities have been organized throughout 4 weeks. The plan for learning activities in each day are 1) Main idea 2) Buddha Quotes 3) Buddhist Content 4) Intended Destination 6) Knowledge 7) Media/Source of Learning 8) Measurement and Evaluation 9) Tools and 10) Activities Procedures such as the 10 Precepts, Chanting as well as the Alms Receiving and Prayer. It also includes the study of Dhamma Principles through the historical background of the Lord Buddha. The novice monks study the Dhamma Principles through the Life of Buddha that links with topics for each day. Moreover, they study from the master monks and a group of lecturers. The studies and instruction management of novice monks are divided into 3 sessions as follows:- The morning session is the Dhamma Study or Learning Dhamma for Peaceful Mind. The afternoon session is the activities that include Knowledge Base in Dhamma Principles and Enjoyment together. It’s called Fun Thoughts Bring you Closer to Dhamma. And the evening session is the Dhamma Story-Telling to the novice monks before they go to bed. This session is also called Dhamma at Night. The instruction includes 4 knowledge units. The studies and instruction management under the theme “Learn to Love with Dhamma, Learn to Wait without Discouragement, Learn to be Content for Happiness and Learn to Give for Your Happy Mind” are carried out for 4 weeks. There are totally 4 learning units and 28 Dhamma lessons. The main Dhamma principles integration consists of the learning unit for the first week is “Love”. It means know how to love with Dhamma principles including 5 Precepts, 6 Directions and 4 Sublime States of Mind. The learning unit for the 2<sup>nd</sup> week is “Wait”. It means learn to wait without discouragement including 4 Paths of Accomplishment and 4 Gharavasa-dhamma. The learning unit for the 3<sup>rd</sup> week is “Contentment”. It means Learn to be Content for Happiness. This one consists of Detachment, Sacred Life, 4 Noble Truths and 4 Paths of Accomplishment. The learning unit for the 4<sup>th</sup> week is “Giving”. It consists of 4 Paths of Accomplishment, Sangahavatthu Objects 4 and 5 Precepts of Dhamma.

Process No. 4 Youth follow-up and development is the

constant post-implementation care and support for novice monks after they have left the Buddhist monkhood. The follow-up is made by asking from teachers, parents and people who are close to them, about the adaptation of various Dhamma principles and what they have learnt as the novice monks for the benefits in their daily lives. These benefits include being good children for their fathers and mothers, listen to their teachers, being good friends and being good mannered ones, etc. We also support these former novice monks to be assertive, dare to think and do the right things by taking them to participate in various volunteering projects.

Process No. 5 Project management plans improvement and development is to determine the improvement for development of the past Samanera Plookpanya Dhamma Project and the development of the existing projects. For example, the improvement of applications criteria that are in line with people's demand, the project venue search and preparation that offer the greatest support for the Dhamma learning and meditation retreat. These examples also include the instructions improvement for the up-to-date and easy-to-understand learning content that effectively attract the interests of these novice monks, etc.

Process No. 6 Project management evaluation and communication plans is the evaluation and communications of the implementation results as well as the report to people involved at the end of the project in each year. We have completed the survey questionnaire for parents of young children who take part in the project, the general public or people who stay near the project venue, etc.

5.3 The model of youth development based on the Three-fold Training Principles in the Samanera Plookpanya Dhamma Project is the broadcast of real stories of novice monks throughout 4 weeks. These novice monks are trained and comply with the common practices for novice monks and study the Buddhist moral codes through the historical background of the Lord Buddha. They also participate in various types of learning from the monk instructors and a group of guest lecturers under the theme "Learn to Love with Dhamma, Learn to Wait without Discouragement, Learn to be

Content for Happiness and Learn to Give for Your Happy Mind”. They learn to use the Threefold Training Principles which consist of Precepts, Meditation and Intelligence. It’s the procedure in training and developing youth to have the behavior that expresses their development in accordance with the Threefold Training Principles. They need to have self-development in precepts, meditation and intelligence. When these youths develop themselves according to the Threefold Training Principles in the Samanera Plookpanya Dhamma Project, there will be the continuous improvement and self-development in the positive ways. We can evaluate from the behavior which shows the self-development from 4 Buddhist Prayer Principles which are Physical Prayer, Precept Prayer, Mental Prayer and Intelligent Prayer.

### **Research Results Discussion**

The model of youth development based on the Threefold Training Principles in the Samanera Plookpanya Dhamma Project is the model of training to nurture ethics and morality according to the Buddhism Principles. Buddhism is the main religion of Thai people. Therefore, we would like the new generation of youth to learn and use the Dhamma principles for further practice in self-development and bring the growth for the society of virtues. The project is the propagation of Buddhism religion to the families, educational institutions and the society in general. Moreover, it is the youth development so that they grow up to be highly qualified people with great moral. The development of youth to be good citizen with ethics and morality bring peace to the society. Moreover, the development processes according to the Threefold Training Principles so that the youth will have precept, meditation and intelligence are in line with the research of Doljai Tavornwong Tuncharoen. From her research, family plays the most important role in the social development both directly and indirectly. Moreover, families, educational institutions, religious institutions, society and the media affect the ethics and morality development (Donjai Thavornwong, 2010). It is also in line with the research of Virachai Ananthien. He found that the use of Dhamma principles can be used with youth in 2 dimensions including the adaptation of Dhamma principles instruction and mental refinement. The adaptation of Dhamma principles instruction includes youth mindset, extra curriculum activities and participation in various camps, etc. Mental refinement includes the opportunities

to be close to the religions and creation of good attitude for these youths, etc (Ananthien, 2014). For more completion of the Samanera Plookpanya Dhamma Project, they are in accordance with the research conducted by Dujduan Panthumnawin. She found that we should support the existing and newly invented youth development projects.

These projects may be religious based ones such as Buddhist Oriented Schools Project and Buddhist Children Camp, etc. For the working based projects, they are the “Learning According to the King’s Footsteps Project, etc. The public health based project is the Stepping with Understanding Project, etc. We should take particular focus on the ethics and morality development projects with schools, organizations or special activities. We should develop these projects so that they are more effective by offering more training and development for the target group (Donjai Thavornwong, 2010). For the religious training by sending young children to get the Buddhist religion training and to be ordained as novice monks and monks, it’s the preparation of human resources. Then, when they grow up, they will be responsible for their works, families and their country. For those who have been ordained, the society thinks that they have changed their mental characteristics and behaviors. Thus, they are able to reduce their selfishness and think more about the society (Duangduan Panthumnawin, Chaliaew Bu-reepakdee and Suwakij Sripadtha, 1984). Such conclusion is in line with the research by Aomduan Sodnee and others. They found that the training for ethics and morality development of youth through the learning processes should emphasize on knowledge, practice and the awareness as the good Buddhists. The severity of activities is based on age of trainees and utilization of various media to complete the activities (Sodnee & others, 2005). Therefore, the ethics and morality development is the encouragement for the ethical growth of the people. Then, they will have good behavior and behave in accordance to the good precepts of the religion.

The preparation of management plan for the Model of Youth Development Based on The Threefold Training Principles in Samanera Plookpanya Dhamma Project is the project preparation for developing the youth ethics and morality. For the search of project advisors, we have selected a group of advisors from both the monks and laymen. Selection criteria are

1) Honorable monks who have strong compliance to the 9) Virtues of the Buddha 2) Monks who take part as coaches and administrative instructors, who strongly comply with the 7 Principles of Friendship. 3) Honorable laymen who have strong compliance to the 7 Noble Treasures. This process is the starting procedures that are the most important one. They are very important in helping to arouse the interest, influence the inspiration and develop faith in doing good things. These great results will enable the projects to go on very well. That's why this process is very important. It's the beginning of learning and the continuation until the final destination of the success. True friends will take part as the persuasive persons who bring the external factors to stimulate the internal learning. We have talked about the search of advisors that is our true friends. They may be the monks or laymen who are the experts, behave well and conduct themselves properly. They also have faith and strong knowledge in the Buddhist moral codes, etc. These advisors are very important, particularly in the very first stage of development (Education, 2003). It is in line with the research of Suthipong Sriwichai and the others. They have found that the management and teachers have the knowledge management concepts in determining the learning models according to the Threefold Training Principles in a very high level. These models include true friends, environment, atmosphere, course and teaching content, motivational approaches and personality (2003). For the goals determination and plans for the model of youth development based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project, the project has been carried out for 4 weeks. It is in line with the idea of Jumnonng Adiwattanasit who said that the ethics and morality development plan is one of the models in social plan. The reason is it is the interactive process that means the in-depth study, discussion and joint agreement of all parties involved. They have mutually agreed about what is the most suitable thing for the relationship among human beings. Then, they have brought such thing to determine the implementation methods. It is the creation of understanding for the target group. Then, they will realize the project objectives clearly and will be ready to follow (1998).

For the implementation of main components for the model of youth development based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project, it is the selection of youth in project participation and the search of project venue. In the selection of youth in project participation, we have chosen young children who take part in the final

round selection procedures. There are 40 finalists from the Dhamma training camp. Their parents also join the training. Young children learn to adjust themselves when they live with others and learn about common practices for novice monks such as the 10 Precepts, Chanting, Alms Receiving and Prayer, etc. We have considered and selected youth who have certain characteristics according to the Carita 6. Two youth per Carita with the combined numbers of 12 are selected. It is in line with the ideas of Duangduan Panthumnawin. She said that the design of training project has the specific goal in determining the quantity of level that trainees will receive. To determine the characteristics and total number of trainees, we need to specify total number of trainees by giving reasons for such determination (1984). For the search of project venue, it

Then, these children will absorb good things (Poolpattarachewin & others, 2004). It's in line with the research of Chartchai Pitakthanakorn and others who found that the learning management based on the Three-fold Training Principles is the interaction process management among the management, lecturers and university students. It's the arrangement of learning environment and activities that bring the joint learning substance. It is also combined with the physical, speech and mind training. Moreover, the real challenge in solving problems for university students are the creation of knowledge, thoughts, abilities and goodness (Pitakthanakorn & others, 2003). It's also in line with the concept of the Ministry of Education. They indicate that the integrated learning processes based on the Threefold Training Principles are the overall learning procedures in behavior (Precepts), mentality (Meditation) and Intellectual (Intelligence). It can happen by preparing the supporting factors that bring actual implementation or practice. They have operated the Buddhist Oriented Schools that use the Threefold Training Principles for student development. There are a wide variety of models in accordance to the appropriateness for student best utilization and values. These factors will enable students to develop their ethics and morality as well as the clear and needed qualifications. These practices are done at the same time as the development for students to become good, genius and happy persons. They also include the environment and interactive climate of the school. These things will support the well-rounded students' development in precepts, meditation and intelligence. In addition, those who are involved are true friends for each other (Boonlert,2003). It is also in line with the research of Boonlert Jeerapat and others. They found that for the learning management it's essential

for the management and instructors to bring Yonisomanasikara Principles and the Threefold Training Principles to determine the policies, management and implementation in learning. Then, there will be Poratokosa - the external factors are true friends for both students and personnel in the school. Therefore, students may use the learning system according to the Threefold Training Principles for their benefits in learning. Moreover, these things come from the studies of the Threefold Training Principles for students in the Primary School (Ministry of Education, 2003).

The plan for learning activities in each day are 1) Main idea 2) Buddha Quotes 3) Buddhist Content 4) Intended Destination 6) Knowledge 7) Media/Source of Learning 8) Measurement and Evaluation 9) Tools and 10) Activities Procedures. The Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project is in line with the concept of the Ministry of Education. They said that the learning management plans are the critical components in the instruction of the Buddhism way schools. One of the concepts is an integration of Dhamma in terms of Knowledge (K), Faith, Value, Virtue (A) and Dhamma practice (P). In the instruction, we may determine the emphasis point of the educational institutions course. These things may be available in all learning management plans so that teachers will utilize them for further knowledge management. The characteristic of the determined activities varies. They are the daily activities, weekly activities or occasional based activities. Moreover, the way of life activities will help to support the learning of learners.

Then, it will be the development according to the Threefold Training Principles. They are the integration based ones for the instruction according to the curriculum. But they may be different in the way of life activities that support "Eating, Staying, Seeing and listening" (Ministry of Education, 2003). For the research of Sanit Saithanu and others, they have concluded about the activities that support the educational institutions curriculum. These activities include 1) Organizing activities to support the content of the curriculum. 2) Daily/weekly activities on a continuous basis 3) Holding the continuous programs on some important Buddhist Religious Days and 4) other appropriate activities (Sanit Saithanu and others, 2004).

The care, follow-up and development of youth according to the

Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project are the follow-up and support for novice monks after they leave their monkhood. These concepts are in line with the Ministry of Education. They said that the continuous and close support is an important process for encouraging the problem free and efficient development. Therefore, the care and support should be appropriate. They should have the characteristics in being true friends who have good wishes for each other. It's the follow-up that the implementation is in line with pre-determined plans. They also offer advice and suggestion for practitioners as well as the academic support, etc. (Ministry of Education, 2003)

The Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project and Improvement Management Plans is the determination for improvement and development of the past Samanera Plookpanya Dhamma Project. It's also the development of on-going projects. It's in line with the concept of Jumnong Adiwattanasit who mentioned about the youth development processes. These processes are the results analysis and evaluation of the implementation. They are very necessary for people or organizations that implement such projects. To know the opinion of the target groups whether they are satisfied with the projects or not. Moreover, we would like to know whether there are any obstacles that affect the satisfaction of project participants or not. It also includes various ideas and conclusion of the ethics and morality development results that will be used for further ethics and morality development and improvement (Jamnong Adiwattanasit, 1998). It's in line with the ideas of the Ministry of Education. They said that constant improvement and development is the procedures for management system that primarily focuses on the continuous implementation. We need to use the data obtained in the very first status for determining the project improvement or development for better results (Ministry of Education, 2003).

The evaluation and communication of the results of plans for the Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project is the evaluation of implementation results and communications of such results. It also includes the report for parties involve when-the implementation at the end of each year. They complete the questionnaire for surveying opinions of parents whose children join the projects, the general public and people who live near

the project venue, etc. These practices are in line with the Ministry of Education. They said that the evaluation and communication of the implementation results is the procedures that reflect the results of operation in a certain time period or when the activities end, etc. Moreover, the evaluation mainly focuses on the data that are empirical and reliable. The clear data will lead to communication or report to the parties involved about the performance and can be used as data for further implementation plans.

## **Suggestion**

### Policy-Based Suggestions

1. The government sector and the organizations involved should use the Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project for further development of English manual for the youth development based on the Threefold Training Principles. This manual should be the major communication materials for communicating the youth development based on the Threefold Training Principles to the society in the global level.

2. The Ministry of Education should use the Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project to develop the ethics and morality training. Such model should be applied for students starting from childhood, primary education, secondary education and the higher education. It should also be in line with the student development. Moreover, the government sector should determine the scope of implementation and prepare the manual for their practices.

3. The National Office of Buddhism should use the Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project to develop the manual for youth development in accordance with the Threefold Training Principles or Summer Novice Monks Training Manual. They should prepare the manual for the temples and the needed organizations.

4. The Youth Development Based on the Threefold Training Principles should be cooperatively implemented in 3 perspectives including home, educational institutions and the surrounding environment. People at home should understand and take part as role models for children. The

educational institutions should offer knowledge and understanding from teachers and friends. In addition, there should be the creation of an environment in the educational institutions, both concrete and abstract ways that support the development of ethics and morality as well as the society.

### Practical-Based Suggestions

1. To utilize the Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project for practical use, we require clear manual for further implementation. Moreover, we should conduct further study about the limitation of different agencies, organizations and venues. Then, we will be able to achieve the objectives in developing youth efficiently.

2. The youth selection aims at enabling youth development according to the Threefold Training Principles in Samanera Plookpanya Dhamma Project. Therefore, we need to select children who have different qualifications such as knowledge, age and education levels, etc.

Then, it will be the development according to the Threefold Training Principles. They are the integration based ones for the instruction according to the curriculum. But they may be different in the way of life activities that support “Eating, Staying, Seeing and listening” (Ministry of Education, 2003). For the research of Sanit Saithanu and others, they have concluded about the activities that support the educational institutions curriculum. These activities include 1) Organizing activities to support the content of the curriculum. 2) Daily/weekly activities on a continuous basis 3) Holding the continuous programs on some important Buddhist Religious Days and 4) other appropriate activities (Sanit Saithanu and others, 2004).

The care, follow-up and development of youth according to the Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project are the follow-up and support for novice monks after they leave their monkhood. These concepts are in line with the Ministry of Education. They said that the continuous and close support is an important process for encouraging the problem free and efficient development. Therefore, the care and support should be appropriate. They should have the characteristics in being true friends who have good wishes for each other. It's the follow-up that the implementation is in

line with pre-determined plans. They also offer advice and suggestion for practitioners as well as the academic support, etc. (Ministry of Education, 2003)

The Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project and Improvement Management Plans is the determination for improvement and development of the past Samanera Plookpanya Dhamma Project. It's also the development of on-going projects. It's in line with the concept of Jumrong Adiwattanasit who mentioned about the youth development processes. These processes are the results analysis and evaluation of the implementation. They are very necessary for people or organizations that implement such projects. To know the opinion of the target groups whether they are satisfied with the projects or not. Moreover, we would like to know whether there are any obstacles that affect the satisfaction of project participants or not. It also includes various ideas and conclusion of the ethics and morality development results that will be used for further ethics and morality development and improvement (Jamnong Adiwattanasit, 1998). It's in line with the ideas of the Ministry of Education. They said that constant improvement and development is the procedures for management system that primarily focuses on the continuous implementation. We need to use the data obtained in the very first status for determining the project improvement or development for better results (Ministry of Education, 2003).

The evaluation and communication of the results of plans for the Model of Youth Development Based on the Threefold Training Principles in Samanera Plookpanya Dhamma Project is the evaluation of implementation results and communications of such results. It also includes the report for parties involve when-the implementation at the end of each year. They complete the questionnaire for surveying opinions of parents whose children join the projects, the general public and people who live near the project venue, etc. These practices are in line with the Ministry of Education. They said that the evaluation and communication of the implementation results is the procedures that reflect the results of operation in a certain time period or when the activities end, etc. Moreover, the evaluation mainly focuses on the data that are empirical and reliable. The clear data will lead to communication or report to the parties involved about the performance and can be used as data for further implementation plans.

### Policy-Based Suggestions

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